

# CTRL + SHIFT + V: Paste without formatting



**CTRL + SHIFT + V**  
**PASTE WITHOUT FORMATTING**

Pastes as plain text; useful for removing fancy fonts, bold type, or links when copying and pasting from one place to another.

**Weekly Tech Tip**

May be especially useful if pasting from one program to another (e.g. from a bulleted list in Word to an email or from a website to a spreadsheet cell).

Bonus: Ctrl + V pastes *with* formatting

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